



TTouch for You® - Inspiring Self Care

“Live with Linda” July 6, 2021 - Class Chat

- 13:16:02 From Kathryn Goldman Schuyler : I can share my story about cataract surgery if you wish
- 13:21:39 From Shannon Weil : I appreciate all your cataract stories as I am on the roster to get the surgery myself.
- 13:23:42 From Becky Davis : So I have a one close and one distance story with slightly different path
- 13:43:35 From Becky Davis : yes good hurt on joints had never used hard pressure and it worked like a charm. had never had TTouch success on joints before . yea11 my osteopenia has been quite ever since.
- 13:45:24 From Kathryn Goldman Schuyler : What is your number, Linda?
- 13:49:34 From Judy's iPad : 808-989-3080
- 13:50:18 From Sage Lewis (she/her) : I'm at 612-817-4473 if that's helpful. I've been doing TTouch for You for 20 years
- 14:00:40 From Shannon Weil : The Power of Awareness: Unlocking the Law of Attraction (Deluxe Edition) Paperback – November 4, 2020 by Neville Goddard
- 14:00:50 From Shannon Weil : Gregg Braden
- 14:00:56 From Shannon Weil : Bruce Lipton
- 14:01:40 From Judy's iPad : Neville Goddard The Power of Awareness
- 14:05:15 From Kathryn Drage : I wanted to share but my computer keeps freezing everyones picture so I sign out and back in..
- 14:05:59 From Kathryn Drage : so happy to share but not sure what computer will do
- 14:07:21 From Shannon Weil : SPONTENOUS EVOLUTION Bruce Lipton

14:20:45 From Valentina : Must bounce--irrigating my pasture and have chores that call me---
heart hugs to you all

14:21:24 From Shannon Weil : Beautiful women in this group.

14:25:18 From Sage Lewis (she/her) : BREATH - James Nestor

14:27:51 From Maggy Burrowes : Pauses are fundamental to Feldenkrais too!

14:31:28 From Brandy Joint : To bring someone out of shock

14:42:37 From Joy Morris : I have a cat!

14:42:54 From Pamela Beets : me too -3 !

14:43:20 From harrietcowan : I have a cat too.

14:59:49 From Sage Lewis (she/her) : I have to head out for today but I will see you all next
Tuesday. I'm teaching a TTouch for Aging and End of Life for Dogs this Saturday so I
will miss the Saturday program in person. Heart Hugs to all!

15:11:18 From Shannon Weil : Ask clearly and be serious.

15:11:42 From Shannon Weil : from Penny

15:16:07 From dianeherold : sorry, I have to go

15:20:31 From Shannon Weil : You are the Placebo

15:20:54 From Judy's iPad : Joe Dispenza You are the Placebo

15:26:17 From Shannon Weil : Yoga and TTouch, a perfect match.

15:27:36 From Shannon Weil : Have a great day everyone.

15:31:13 From Maggy Burrowes : I have got to eat so I will go - much love to you all
Xxx