



TTouch for You® - Inspiring Self Care “Live with Linda” November 29, 2022 - Class Chat

12:16:19 From Rasya Susanne van Geijn, Switzerland to Everyone: I have fever and am in bed, that's why I join without Video today.

12:16:40 From Sage Lewis to Everyone: Blessings to you, Rasya.

12:36:42 From Sage Lewis to Everyone: Viktoria, please consider getting your body checked today or tomorrow. Having had a few extreme car accidents, sometimes things rattle around in the days to come.....

12:37:15 From Sage Lewis to Everyone: And for everyone, this is our comfort choir on Zoom. Please share: <https://youtu.be/qGRSmLqcPlw>

12:39:30 From Juel Duke to Everyone: Viktoria, what Sage says is important. It's also important to go to the dentist as it's quite common to crack your teeth from the impact.

12:53:30 From Sage Lewis to Everyone: It's been lovely to reconnect. Thank you. I have a date with my sister at the top of the hour and am currently planning to be on vacation on the Big Island next Tuesday so I will plan to see you on the 13th. Many blessings to each of you.

13:21:20 From Viktoria to Everyone: Thank You all, for your feedback and caring. It makes a big difference, its healing! Many thankful hugs to all of You!

13:27:42 From Marnie Reeder, Austin TX to Everyone: Man On His Nature, Sir Chas Sherrington

13:49:51 From megan to Everyone: I hate to have to leave, but I have my first session with the personal trainer in 10 mins, and I must get ready. I wish he could be watching this video, but I will not let him do any deep tissue work or push too hard in the exercise. No pain, no pain is my motto.....love to you all, see you next week.....

14:05:34 From Marnie Reeder, Austin TX to Everyone: xAlexander work is amazing!