



TTouch for You® - Inspiring Self Care **“Live with Linda” January 18, 2022 - Class Chat**

11:59:49 From Sage Lewis to Everyone: Wolf Moon: The first full moon in January has often been referred to as the Wolf Moon for centuries. Its origin comes from Native Americans who often heard wolves howling during cold winter nights at this time of year, according to the Farmer's Almanac

12:01:33 From Katarina Drage, Maine to Everyone: It is windy here in Maine and my internet is unpredictable...I may be popping in and out.

12:13:16 From Angela Boocock to Everyone: Dilly sends her love to you all. She can't be with us tonight as her husband isn't well, but is here in spirit xxx

12:37:59 From Rasya Susanne van Geijn to Everyone: i am sorry but my internet connection is instable at the moment.

12:50:57 From channelle suecroft to Everyone: you have really helped me sage

12:51:32 From Sage Lewis to Everyone: Channelle, thank you. I appreciate your light and authenticity.

12:53:27 From megan to Everyone: Channelle, I think what you did with those race horses is just incredible. And I bet it was just a minute or two, so I agree with you that T touch is a miracle....

12:57:05 From channelle suecroft to Everyone: you brought me strength Sage

12:57:19 From Lesley to Everyone: thankyou Sage, that was beautiful to listen to.

12:57:38 From Sage Lewis to Everyone: You're welcome, Lesley. And thank you, Channelle.

12:57:39 From channelle suecroft to Everyone: Thank you Sage

12:58:05 From channelle suecroft to Everyone: The language of Letting Go... im going to look it up

12:59:17 From Sage Lewis to Everyone: I have the book and the app....
https://www.amazon.com/s?k=the+language+of+letting+go&gclid=CjwKCAiA55mPBhBOEiwANmzoQmLyG9a7byCUUJ6TAg5-NUUq3hZdTCCgAwf5cnwEpky8LDYpDw_TXxoCkLEQAvD_BwE&hvadid=241610540579&hvdev=c&hvlocphy=1013466&hvnetw=g&hvqmt=e&hvrnd=3674935186464120790&hvtargid=kwd-97571129&hydadcr=15526_10340910&tag=googhydr-20&ref=pd_sl_3v4qt9rh4c_e

13:02:41 From Anna Oeste to Everyone: Linda, are we still working with fingers and elastic, wrap?, Anna Oeste or maybe next Tuesday?

13:02:50 From channelle suecroft to Everyone: The racehorses... yes, was just a minute sometimes was longer. depending on the horse. One horse was just too calm i gave her the most touch because she cast herself everyday so eventually ... they sold her to kids. lol. it is a miracle, one horse started eating.

13:03:34 From channelle suecroft to Everyone: im going to order the book Sage thank you for the link

13:03:41 From megan to Everyone: So cool, Channelle.

13:04:33 From Angela Boocock to Everyone: Love you sharing these stories. Thank you xxx

13:06:29 From megan to Everyone: Angela, can't wait to hear how you help that Westie, I will take your ideas with me when we have to take our little dog to the vet!

13:09:50 From Sage Lewis to Everyone: I've gotta run for today and I will see you all next Tuesday! Thank you, everyone!

13:10:02 From Angela Boocock to Everyone: Bye Sage. Thank you xxxxx

13:10:17 From megan to Everyone: Bye Sage, thank you too!

13:10:57 From channelle suecroft to Everyone: bye Sage love you!!!

13:11:22 From Anna Oeste to Everyone: Sage, thank you for your beauty, wisdom, compassion!, Anna Oeste

13:18:37 From Marnie Reeder to Everyone: Linda's ear TTouch video:
<https://vimeo.com/389791212>

13:19:37 From Joyce's iPhone to Everyone: Thank you !