



TTouch for You® - Inspiring Self Care

“Live with Linda” January 9, 2024 - Class Chat

13:09:08 From dianesept@aol.com to Everyone: SAME exactly with horses

13:15:18 From Marnie Reeder to Everyone: Seven Habits of Highly Effective People, Stephen Covey

13:20:06 From Angela Boocock to Everyone: Thanks Marnie - you've given me an idea to put a wrap on myself and Rockets Mum when we walk on Thursday to remind us of our body being in balance too :0)

13:26:16 From Marnie Reeder to Everyone: Reacted to "Thanks Marnie - you'..." with 👍

14:27:32 From Marnie Reeder to Everyone: Turtle is fabulous for feet, ankles, knees!!